**Packing for RYLA Weekend**

1. Pillow
2. Sheets and blanket or sleeping bag
3. Towel and wash cloth
4. Sun block
5. Bug spray
6. Sinus or allergy medicine
7. Chap-stick
8. Tennis shoes (remember no open toe shoes)
9. Umbrella
10. Windbreaker
11. Pack for hot or cold weather – it is April in NC and we have no idea what the weather will be like
12. Just in case it rains bring a extra pair of clothes
13. Business dress for the Etiquette Dinner
14. Back pack
15. For the male counselors, bring extra dress shirts and ties, for the female counselors, bring extra shawls or cover-ups